

Crown House Surgery
CHAT Meeting
Wednesday 20th Sept 2017
2:00pm Library

Present: Bill Campbell-Turner Cilla Moss, Philip Moulton, Howard Oates, Andrew Middleton, Norma Taylor, Heather Skidmore, Jessica Cliff, Vicki Brelsford, Dr Andrea McFarlane

Apologies: Andrew Middleton, Heather Skidmore, Norma Taylor, Cilla Moss

Introductions

JC introduced Dr McFarlane to the CHAT Meeting.

Review and Ratify Minutes:

The minutes from last meeting were agreed as accurate.

Dr McFarlane – Public Health Collaboration Presentation

Dr McFarlane presented to the CHAT Members a presentation on the Public Health Collaboration which Dr McFarlane is the ambassador for Bassetlaw.

This promotes Low Carb, High Fat in your diet. Dr McFarlane brought a selection of delicious low carb, High Fat foods and snacks.

Discussions on low carb, high fat food groups, which foods to avoid such as processed fast foods.

The CHAT Members are very interested in organising a Crown House Surgery Low Carb High Fat group for our patients to come and have discussions, advise and share ideas. Dr McFarlane has kindly offered to chair the group.

Lots of leaflets, books and information sheets.

Action: JC to liaise with AMcF to start organising the Low Carb, High Fat meetings. Times, place, days etc. Wednesday evenings are a good time and day for Dr McFarlane.

Flu Fayre: JC asked the meeting who will be attending to help with the flu fayre.

JC will bring the results and feedback of the Flu Fayre back to next month's meeting.

Actions:

Action: JC to liaise with AMcF to start organising the Low Carb, High Fat meetings. Times, place, days etc. Wednesday evenings are a good time and day for Dr McFarlane.

JC to bring feedback to next month's meeting with regards how the Flu Fayre went.

Next CHAT Meeting - Wednesday 18th October 2017 2pm